

SUMMER 2023



VACATION CARE HOLIDAY PROGRAM

CAMERAGAL MONTESSORI SCHOOL

“Free the child’s potential and you will transform him into the world.”

- DR MARIA MONTESSORI



**CMS
Neutral Bay
Campus!**



VACATION CARE

8.30am to 3.30pm WEEKDAYS - Daily Fee = \$80.00

Please note - as we are not approved care, a Child care subsidy is not available to families. Therefore we have lowered our daily fee to make our program more affordable.

WEEK 1

Monday

SPLASH AROUND!

Welcome in summer with us by splashing around with water play, floating boats, and trying ice painting. See who can make the biggest sandcastle?

Tuesday

BEAUTIFUL BUTTERFLIES

Learn about the wonderful transformation from a caterpillar to a beautiful butterfly. Make a happy caterpillar and create your own beautiful butterfly.

Wednesday

SWEET SHOP

Make pretend doughnuts and ice cream from recycled materials and set up your very own sweet shop. Then have fun making a real sweet treat to enjoy for afternoon tea!

Thursday

COME FLY WITH US

Explore all the creative ways to travel. Use your designer skills to make your own aeroplane and hot air balloon.

Friday

ARCTIC ANIMALS

Celebrate national penguin day and learn about arctic animals. Sing and dance to animal songs while you make a cute penguin and a big Polar Bear handprint.

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WEEK 2

Monday

WE ARE DINOSAURS!

Come and explore everything dinosaur. Make your own volcano and a cool dinosaur hat and balloon to take home.

Tuesday

GET ARTISTIC

Enjoy getting creative with drawing, colouring and painting. Show off your talents with a handprint rainbow and Kandinsky circle art.

Wednesday

AUSTRALIA DAY CELEBRATION

Sing along to some Australian songs, while we learn about our native animals and this fascinating country. Become an architect and make the Sydney harbour bridge.

Thursday

AUSTRALIA DAY PUBLIC HOLIDAY - No Vacation Care

Friday

CHINESE NEW YEAR CELEBRATION

Wear a cultural costume or dress up in one of ours. Explore Chinese culture with songs and crafts, creating a Chinese dragon and a lantern. Learn how to use chopsticks and try some cultural food.

CAMERAGAL MONTESSORI VACATION CARE PROGRAM Terms and Conditions

In Centre Days

Vacation Care activities vary throughout the day and allow for sessions of both high and low physical activity. Daily activities are organised by the educators and each day will have a theme.

Bookings

Bookings for the CMS Vacation Care Program will be open to all current students attending Cameragal Montessori School's **3-6 program at either Lavender Bay or Neutral Bay.**

All bookings are made through Trybooking and are limited to 20 students per day.

<https://www.trybooking.com/CDRMH>

Bookings close by 3.00pm of the day prior to each daily session.

Trybooking - Please review our Terms and Conditions on the trybooking site prior to purchasing your sessions. We require two emergency contacts (other than parents) for each booking.

Please note - if you require anyone other than the parent to collect your child they must be noted on the booking as an authorised pickup.

By making a booking, you are also agreeing to the Medical and General consent stated in this booklet.

Fees & Payments

The daily fee is \$80.00per child. A Trybooking fee of 50 cents is charged at the time of booking.

Children who are collected after 3.30pm will incur a Late Pick Up Fee of \$5.00 per minute late or part thereof.

There are no cancellations, refunds, credits, make ups or transfers once your booking has been processed.

Terms and Conditions

Medical Treatment Consent

By booking my child into Cameragal Montessori Vacation Care Program I give consent for the service to seek medical treatment for my child from a registered practitioner, hospital or ambulance service, and transportation of the child by ambulance service. I understand that I am responsible for any costs incurred.

In the event of an emergency, Cameragal Montessori School will make all reasonable attempts to contact the enrolling parent and any other emergency contacts nominated. Should attempts to reach emergency contacts fail, parents are advised that under Clause 174 of the Children's and Young Persons (Care and Protection) Act 1998, a medical practitioner or dentist is empowered to carry out treatment on my child in order to save his or her life or to prevent severe damage to his or her health.

The authority granted by legislation does not relieve a medical practitioner or registered dentist from liability in respect of the carrying out of medical or dental treatment on a child or young person, being a liability to which the medical practitioner or dentist would have been subjected had the treatment been carried out without my consent.

General Consent

By booking my child into Cameragal Montessori Vacation Care program I hereby give consent for the child/ren booked into the Vacation Care program to attend the prescribed activities on the days they have been booked in.

I give permission for Cameragal Montessori Vacation Care staff to apply or direct my child to apply the centre's sunscreen unless I provide my own sunscreen.

I acknowledge that during my child/ren's participation in the prescribed activities my child/ren will be exposed to the obvious risks associated with such activities. I indemnify Cameragal Montessori School and its staff and keep them indemnified against all claims, demands, actions and liabilities of any kind (other than due to wilful negligence) arising from my child/ren's participation in the activity.

I understand that there are no cancellations, refunds, credits or transfers once my booking has been processed.

I acknowledge that G rated movies may be shown at the centre.

I declare that the information I have provided to through my enrolment booking on the Trybooking site is correct to the best of my knowledge.

By booking my child/ren into the Cameragal Montessori Vacation Care Program, I am acknowledging and agreeing to the above conditions and agree to the terms and conditions stated in Trybooking.

Information

Standard of care

Cameragal Montessori Vacation Care operates in accordance with the requirements set forth by the Australian Children's Education & Care Quality Authority (ACECQA) including the National Quality Framework (NQF) and the framework for school age care in Australia.

Philosophy

Cameragal Montessori Vacation Care aims to provide the highest quality education and care service for children in a fun and safe environment.

At Cameragal Montessori Vacation Care we:

- Provide an inclusive and anti-biased approach to our education and care service which welcomes and includes all children and families regardless of ability, language, race, culture, gender, religion, socio-economic status, family structure, or lifestyle, within the capabilities of the service.
- Promote a positive environment where children have the opportunity to learn, explore, develop and be creative while fostering respect, self-esteem, and the unique contribution of each individual child.
- Acknowledge play as a vital part of a child's development and we encourage and support the principles of play through our programming by looking at the needs, interests, and abilities of all children.
- Promote teamwork and value staff whom we support through communication, training, and development.
- Build respectful partnerships with families and the community.
- Value the natural environment in which we live and encourage children to love and respect nature, the land, animals, and people, fostering an eco-friendly center by recycling and discouraging waste.
- Encourage children to explore social learning by developing new friendships, negotiate rules of play, and be encouraged to develop independent cognitive skills.

Food

Cameragal Montessori Vacation Care provides a healthy afternoon tea for your child each day. **The centre does not provide lunch or morning tea.** Please provide healthy snacks and lunches each day for your child.

Please note: We are a nut-free school including hommus and other nut products. **NO NUTS!!**

Lollies, sugary drinks, and sweets are discouraged. When packing a lunchbox for your child, you should feel confident that you're providing them with a nutritious supply of food that will get them through the day with the energy they need to function.

Please ensure your child has plenty to eat and a drink bottle to fill with water.

Information

General Information

Children are to be signed in and out by a parent/guardian between 8.30 am - 3.30 pm. Children will only be allowed to leave the centre accompanied by an adult nominated in your Trybooking registration. Notice in writing is required if the child is to be collected by anyone not nominated in your Trybooking registration - this can be completed at sign-in. Vacation Care staff will make an alternative arrangement if a person collecting the child appears to be under the influence of alcohol/drugs or if the child could be at risk - this is up to the staff's discretion.

Prescription medication can only be administered by staff with written permission from parents/guardians and be in the original packaging. Non-prescription medication is not permitted at Vacation Care. See Vacation Care staff for further details.

G-rated movies may be shown at the centre, please see the staff if you have any concerns about this.

Every effort is made to provide the activities exactly as advertised in this brochure, however sometimes, due to circumstances out of our control, this is not possible. If an activity is cancelled we will provide a similar or alternate activity.

Centre and Program rules are established for the safety and well-being of all children. Consistent disregard of rules may result in exclusion from the program following consultation with the school Principal and Parents/Guardians.

What to bring

Children need to bring a hat, healthy lunch, snacks and a refillable drink bottle. We suggest you pack a frozen ice brick with your child's lunch to help prevent the growth of bacteria and keep it cool until lunchtime.

Cooking activities may be part of the day's program but they are not meal substitutes unless prior notification.

Children should not bring any valuable toys, electronic devices, mobile phones or any expensive jewellery to Vacation Care as they may be lost. Vacation Care will not be responsible for lost valuable items.

Information

What to Wear

Please clearly label all items!

Sunhat and sunscreen - no hat means children may only be allowed to play in the shade. Children without hats may miss out on outdoor activities!

Parents - please apply sunscreen to your child every day before dropping them at Vacation Care. Sunscreen will be available at the centre (please provide your own with a label, if preferred)

Clothing should be practical and sun smart. Singlet tops are not appropriate as exposed shoulders are prone to sunburn. As the weather gets a little cooler, please provide a jacket or jumper to keep your child warm.

Please note that the centre often does messy activities so be prepared for dirty clothes at the end of the day!! The Centre does not provide protective shirts for arts and crafts.

Covered shoes only - thongs, slides, and most sandals are NOT appropriate or safe footwear at Vacation Care. 'Wheelie' shoes and Crocs are also inappropriate footwear for Vacation Care. Children who do not have appropriate footwear may not be able to participate in all activities.

Hours of Operation

The program runs from 8.30 am to 3.30 pm for the January holiday period from Monday 16 January to Friday 27 January 2023.

Please Note: The centre will be closed for Australia Day, Thursday 26 January.

Families please remember to:

- Make sure there are no nuts or nut products in your child's lunchbox
- Pack an ice brick in your child's lunchbox to keep food fresh and cool
- Send a refillable drink bottle with your child every day
- Pack a hat for your child every day
- Make sure your child wears closed-in shoes (no thongs)
- Apply sunscreen to your child before you arrive at the centre
- Make sure your child has their shoulders covered
- Pack a jacket or jumper in case the weather is cool
- Pack a change of clothes for water play



Cameragal Montessori Vacation Care Program
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Phone: 02 9954 0344
Email: admin@cameragal.nsw.edu.au
Website: www.cameragal.nsw.edu.au



RESOURCES FOR PARENTS

Healthy Lunch Box Ideas

<https://healthy-kids.com.au/10-great-lunch-box-ideas/>

<https://www.kidspot.com.au/kitchen/recipes/collections/healthy-lunch-box-recipes>

Fun ideas for keeping busy during the holidays

<https://sydneyuncovered.com/things-to-do-school-holidays-sydney/>

<https://www.sydney.com/things-to-do/family-holidays/school-holidays>

“Our care of the child should be governed, not by the desire to make him learn things, but by the endeavor always to keep burning within him that light which is called intelligence.”

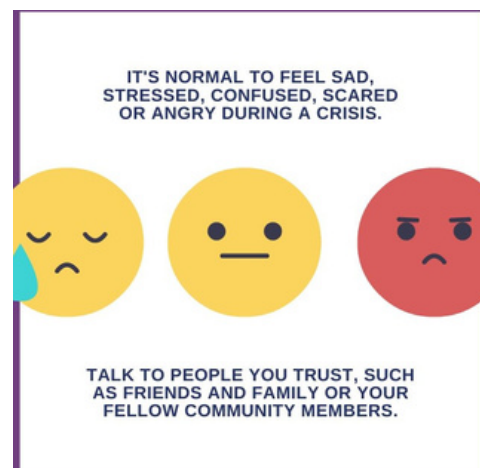
10 Ways to Encourage Your Child to Do Chores by Gabrielle Nussbaumer

<https://www.trilliummontessori.org/10-ways-to-encourage-your-child-to-do-chores/>

Fun Kids craft to do at home

<https://www.pinterest.com.au/iheartcrafty/summer-crafts-activities/>

<https://www.happinessishomemade.net/easy-summer-kids-crafts-that-anyone-can-make/>



PREVENTION MEASURES

information provided from <https://www.health.gov.au/resources/publications/coronavirus-covid-19-information-for-schools-and-early-childhood-centres>

It is important to wash your hands frequently and to cover your mouth and nose with a tissue or into a bent elbow if a tissue is unavailable when coughing or sneezing to protect yourself and others from the virus, just as you do for the common cold or the flu. We strongly recommend everyday preventive actions to help keep the virus from spreading.

What if a student becomes sick?

Symptoms include (but are not limited to) fever, cough, sore throat, tiredness and shortness of breath. If a student develops mild symptoms, they must:

- Isolate themselves from others at home and use a separate bathroom if available;
- Put on a surgical mask and if they don't have one, practise good sneeze/cough hygiene;
- Practise good hand hygiene; and
- Call a doctor or hospital and tell them the recent travel or close contact history. If they have serious symptoms such as difficulty breathing: Call 000, ask for an ambulance and notify the officers of the recent travel or close contact history.

If unwell, students should be excluded from attending the school or early childcare centre until they are assessed by their primary care provider. The primary care provider will liaise with the local public health authority to determine when it is safe for them to return to usual activities.

How can we help prevent the spread of coronavirus?

Practising good sneeze/cough hygiene is the best defence against most viruses. You should:

- wash your hands frequently with soap and water, before and after eating, and after going to the toilet
- cover your cough and sneeze, dispose of tissues, and use alcohol-based hand sanitiser
- and if unwell, avoid contact with others (stay more than 1.5 metres from people).

More information

While coronavirus is of concern, it is important to remember that most people displaying symptoms such as fever, cough, sore throat or tiredness are likely suffering from a cold or other respiratory illness – not coronavirus.

For the latest advice, information and resources, go to www.health.gov.au

Call the National Coronavirus Health Information Line on 1800 020 080. It operates 24 hours a day, seven days a week. If you require translating or interpreting services, call 131 450.

The phone number of your state or territory public health agency is available at www.health.gov.au/state-territory-contacts

If you have concerns about your health, speak to your doctor.